Date:

To

Pranav Mukherjee Foundation,

Xxxxx

New Delhi

**Subject: Request for collaboration to introduce free Anapansati meditation as a part of holistic living to your internal staff members and your organization’s outreach correspondents**

Namaste!

Greetings from Pyramid Spiritual Societies Movement (PSSM)!

We are a growing non-religious, non-cult, not for profit voluntary movement with the sole objective of spreading Anapanasati Meditation, Vegetarianism, Pyramid Power, Spiritual Science and its benefits to one and all for holistic living. Founded by Brahmarshi Patriji in the year 1990, we are a grass root level organisation that has developed over 10,000 big and 20,000 small pyramids, taught meditation to crores of seekers, using a unique Spirituo-scientific approach.

Today, the most glaring common sight across our societies is the stress, discontent and disharmony, starting from the homes to the highest levels of institutions. The need of the hour is to establish harmony amongst all for a peaceful and joyful life and this begins when every individual is empowered and has established their own inner harmony and peace.

As a part of collaborative initiative, we would like to take the opportunity to introduce Anapansati meditation as a powerful self-empowerment tool to your staff members and different groups that you are already working with to aid their inner well-being.

With respect to the same, we currently have the following sessions (one class a week for two hours each) for the suggested audiences:

* Session 1: Science of Energy Maximization
* Session 2: Mind & Emotions Management
* Session 3: Holistic Self-Development

*(Please note: all sessions are absolutely free)*

These sessions can be planned based on the availability of your team members and can be customized as per the requirement. Meditation is the truly harmonizing tool for all round development.

Our credentials include sessions at various reforms such as Tihar Jail, jails across Andhra Pradesh, International Naturopathy Organization (INO), villages across South India, Ayush University and corporates & NGOs such as Wipro, IBM, Women’s Technical Institute (WTI), Skill Development institutes etc. We have seen wonderful progress in each of the audiences of the session where all the benefits of meditation have been practically demonstrated.

During the lockdown since 2020, PSSM has grown leaps and bounds through their online Meditation workshop initiatives through our very own media channels - Pyramid Meditation Channels in major regional languages of India, including Hindi. Touching the lives of millions, many have transformed to living a medicine free, harmonious life through the practise of daily meditation.

We are looking forward to our long term association to enable your entire team to leading healthier, happier lives.

Kindly suggest the way forward.

Warmest Regards,

Yours Sincerely, (xxxx)