Date:

To

Pranav Mukherjee Foundation,

Xxxxx

New Delhi

**Subject: Request for collaboration to introduce free Anapansati meditation as a part of holistic living to your internal staff members and your organization’s outreach correspondents**

Namaste!

Greetings from Pyramid Spiritual Societies Movement (PSSM)!

We are a growing non-religious, non-cult, not for profit voluntary movement with the sole objective of spreading Anapanasati Meditation, Vegetarianism, Pyramid Power, Spiritual Science and its benefits to one and all for holistic living. Founded by Brahmarshi Patriji in the year 1990, we are a grass root level organisation that has developed over 10,000 big and 20,000 small pyramids, taught meditation to crores of seekers, using a unique Spirituo-scientific approach.

Youth are the Change-Makers of our country and planet’s future. And as an educational institute, you are already equipping the youth with skills to excel in the professional realm. But in the current competitive environment what students also require are tools to increase their ability to focus and gain confidence to tackle practical life challenges in order to achieve their goals.

As a part of our collaboration initiative, we would like to partner with your institute and affiliates to conduct interactive sessions with your students and staff to equip them with the required life skills. The topics that we would be covering are as follows:

With respect to the same, we currently have the following sessions (one class a week for two hours each) for the suggested audiences:

* Session 1: Science of Energy Maximization
* Session 2: Mind & Emotions Management
* Session 3: Holistic Self-Development

*(Please note: all sessions are absolutely free)*

Since the lockdown, we also provide online support to students to regularly meditate together and interact with like-minded seekers who come together to share their experiences and learn new life skills from key influencers in their field. And the planned sessions can be conducted online and offline, as per your requirement.

At the end of the 3 session (online/offline) course, we invite the students to join our youth association “Pyramid Youth for Meditation & Ahimsa”. Students will be awarded certificates at the end of the conference and along with an opportunity to be part of the “PYMA Masters Programme” to empower them to share their own practical transformational experiences with others at similar such conferences in the future.

We also invite the interested youngsters to participate in our yearly Youth-Conference “SwaAnubhav”- a unique event to come together with other like-minded youth from other institutes and Enablers who are transforming their lives. Through this platform, they can learn from the collective wisdom shared by Spiritual Scientists from various fields such as communication, politics, science, art, finance, education etc.

Simultaneously we can also conduct training sessions for the Staff members so that staff is also equipped to create a holistic environment in the institute and conduct such sessions for future batches as well. This will be long-term association as we strongly believe that one can lead by example and these students will be source of inspiration for many!

We look forward to your support and cooperation in collaborating with us to bring about the “Change we wish to see” for our Planet.

Namaste.

Yours Sincerely,

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